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Pedaling for Parkinson's Participant Registration Form



The YMCA's Pedaling for Parkinsons Program is a 6-week indoor cycling program designed to help individuals living with Parkinson's improve strength, balance, mobility, and overall well-being. Led by a trained instructor, participants ride in a safe, supportive environment and often experience reduced symptoms, better sleep, and increased confidence.

Name

Phone

Date

Address

Email

Date of

Year

Diagnosed

Birth

Emergency

Contact

Emergency

Phone

Physician Contact

Physician Phone

**PEDALING FOR PARKINSONS PROGRAM
INDEPENDENT, INDOOR STATIONARY CYCLING
MEDICAL CONSENT FORM**

This medical consent form is required to participate in the Pedaling for Parkinson program and must be completed and signed by a licensed physician or physicians assistant. If you attend more than one class, this form must be provided to the program instructor or administrator.

Participant Name

The above participant has my consent to participate in the Pedaling for Parkinson's Independent, indoor Stationary Cycle Program.

Please indicate if there are any precautions, limitations or restrictions for this participant:

Physician Name

Physician Signature

Phone

Date