

Dover Foundation YMCA Aquatics Schedule June 5th- August 11th,2023

Monday -Friday Hours: 9:00 am – 6:00 pm	DESCRIPTION Lifeguards will manage capacity and follow required guidelines.
9:00 am - 10:00 am	Water Aqua-Fitness Class (Monday, Wednesday, Friday) NO OPEN SWIM
10:00 am – 12:00 pm	Summer Camp Group 1 and 2 swimming. MEMBERS ONLY OPEN SWIM
12:30 pm – 2:00 pm	Summer Camp Group 3 and 4 swimming. MEMBERS ONLY OPEN SWIM
2:00 pm – 6:00 pm	OPEN SWIM FOR GUEST AND MEMBERS STARTS AT 2PM
6:00 pm – 7:00 pm	Group Swim Lessons Monday through Thursday. Water Aerobics Tuesday and Thursday. NO FREE SWIM
SATURDAY Hours: 10:00 am – 6:00 pm	DESCRIPTION
10:00 am – 6:00 pm	Open Swim
6:00pm- 8:00pm	Closed for event rental
SUNDAY Hours: 2:00 pm – 6:00pm	DESCRIPTION
2:00pm-6:00pm	Open Swim
6:00pm-8:00pm	Closed for event rental

On Wednesday the summer camp will not swim, and the pool will be open for free swimming 10am-2pm for members only and 2pm-6pm will be open swim for guests and members.

July 4th will have limited hours.